Safe use of Gloves

REMEMBER:

GLOVES ARE NOT A SUBSTITUTE FOR HAND HYGIENE.

HAND HYGIENE FIRST IN ALL CASES.

WHEN TO WEAR GLOVES

- When in contact with blood/bodily fluids, non-intact skin or mucous membranes.
- As required for transmission based precautions.
- When in contact with chemical hazards such as disinfectants, preserving agents or cytoxic drugs.

WHEN NOT TO WEAR GLOVES

- Direct Patient Care: Taking blood pressure, temp, pulse etc.
- Indirect Patient Care: Giving oral medications, using the telephone etc.
- Where there is no potential for exposure with blood/bodily fluids or contaminated environment.
- In non-clinical settings.

SELECT THE CORRECT GLOVES FOR THE TASK





POINTS TO REMEMBER ABOUT WEARING GLOVES

DO:

- ✓ Perform hand hygiene before putting gloves on and after taking gloves off
- ✓ Perform hand hygiene and change gloves between tasks
- ✓ Ensure hands are thoroughly dried before putting on gloves to reduce risk of dermatitis
- ✓ Make sure the gloves fit you properly

DO NOT:

- **X** Re-use or wash gloves
- **X** Double-glove
- **★** Use alcohol hand gel on gloves
- **X** Use gloves if they are damaged or visibly soiled
- **X** Touch your face when wearing gloves or other surfaces
- **X** Wear the same gloves from one patient to another
- **X** Wear gloves for a prolonged time

REMEMBER SAFE DOFFING OF GLOVES



PEEL THE GLOVE AWAY FROM YOUR BODY, TURN IT INSIDE-OUT



HOLD THE INSIDE-OUT GLOVE IN THE OTHER HAND



SLIDE YOUR FINGERS UNDER THE WRIST OF THE OTHER GLOVE



PEEL THE GLOVE AWAY FROM YOUR BODY, TURN IT INSIDE-OUT, LEAVE THE FIRST GLOVE INSIDE

ENSURE HAND HYGIENE AFTER EVERY DOFFING OF GLOVES

...AND DISPOSE OF CORRECTLY



Dispose of gloves in the appropriate waste stream.





HEALTHCARE NON-RISK WASTE



